

LEN VALLEY ACTIVE RETIREMENT ASSOCIATION

NEWSLETTER – September 2024

ISSUE 168

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CHAIRMAN'S MESSAGE

Hello All

A message from KentARA to start with -

CANTERBURY CATHEDRAL - The date for tickets has now been closed for the service, no further tickets will be issued. KentARA are organising a NORWEGIAN CRUISE from 29th July 2025. It will be a five day cruise from Dover. Watch this space and the noticeboard for further details.

May I firstly say happy 20th Anniversary to all LenARA members, what an achievement this is and it's very nice to know we still have members with us who were there from day one. Well done to you all, keep it going.



LenARA Celebration Afternoon Tea. It was nice to see so many of you at the tea



party. I thought the afternoon went off very well. The caterers did an excellent job of presenting the food and serving tea and coffee. They worked very hard and looked after us very well. Our entertainer Mr Rick Stills played his part very well especially moving among the audience and singing - he certainly could play that guitar. Once the afternoon had come to a close it was most gratifying when many of you came up to me and said



what a great afternoon and most enjoyable. Thank you to the committee for all the hard work put into it, that's from the members.



KentARA Short Mat Bowls Competition at Ditton on Wednesday 21st August. We entered three teams of



three players in the above competition and it's fair to say we all played well but mainly enjoyed the day. Fortunately one team went all the way to the finish and won. It was a great achievement for us. The winning team was Marion Wells, Phil Gooda, and myself.

When I was scrutinising the cup I see LenARA had won it four times before - once in 2009, 2011, 2016, 2017 and now 2024 not bad going - team players well done.

The winning team 😊



FUTURE EVENTS - Our speaker this month will be Mr Peter Griffiths on 45 Years in Aviation - Part Two.

CRAYFORD DOGS Tuesday 22nd October. An evening at the dogs including a two course meal, the coach and the race card. We have a few places left so ask friends and family if they would like to join us. We might bark but we certainly don't bite, call Roger on ((07889 287417). The cost is £40 per person.

WEEKLY EVENTS. Petanque - we shall be starting back this Thursday 5th September from 10 am to 12 midday at Lenham Community Centre. Come along and try it - you may enjoy it. This is open to friends and non-members also. If you are interested in becoming an activity leader for Petanque let us know.



Pub lunch 18th September. This month the lunch is at the Ridge Golf Club, Sutton Valence. Menu is as follows.



RIDGE GOLF CLUB
SUTTON VALENCE
SEPTEMBER 18th



2 COURSES £15

3 COURSES £20

STARTERS

Prawn Cocktail

Tomato & Mozzarella Bruschetta

Potted Ham Hock, with pineapple chutney & Sour Dough

MAINS

Half a Roast Chicken, new potatoes, cheesy creamed leeks and cabbage.

Fish and Chips, mushy peas and tartar sauce.

Chicken curry, rice, naan, mango chutney. Or vegetable curry

DESSERT

Eton mess

Apple Crumble with Custard

Vanilla Cheesecake with Berry coulis

Chocolate Brownie, Vanilla Ice cream & Chocolate Sauce



Our weekly events –

Short Mat Bowls	Tuesday	2.00pm to 4.00pm	£3 per session	Phil Gooda 01622 851217
Zumba	Wednesday	9.30am to 10.30am	£6 per session	Chris Godden 01622 858658
Line Dancing	Wednesday	7.30pm to 9.00pm	£4.50 per session	Ann Rolfe 01622 859725
Petanque (weather permitting)	Thursday	10.00am to 12.00pm	£3.00 per session	John Edwards 01622 858439

Our monthly events –

SEPTEMBER

Ten Pin Bowling in Ashford	11 th September 2024	11.00am	£7 for two games	Pat Highsted 01622 743658
Members meeting: 45 Years in Aviation – part 2. Peter Griffiths	Wednesday 25 th September 2024	2.00pm	Lenham Community Centre	

OCTOBER

Ten Pin Bowling in Ashford	9 th October 2024	11.00am	£7 for two games	Pat Highsted 01622 743658
Members meeting: Phil's Film – more info to follow	Wednesday 23 rd October 2024	2.00pm	Lenham Community Centre	

NOVEMBER

Ten Pin Bowling in Ashford	13 th November 2024	11.00am	£7 for two games	Pat Highsted 01622 743658
Members meeting: Magician – Charlie Hewish	Wednesday 27 th November 2024	2.00pm	Lenham Community Centre	

Regards John

